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Bare Bones: I'm Not Lonely If You're Reading This Book



Synopsis

#1 New York Times Bestseller A touching, funny, heart-wrenching, and triumphant memoir from one of the biggest names in radio, the host of The Bobby Bones Show, one of the most listened-to drive time morning radio shows in the nation. Growing up poor in Mountain Pine, Arkansas, with a young, addicted mom, Bobby Estell fell in love with country music. Abandoned by his father at the age of five, Bobby saw the radio as his way out—a dream that came true in college when he went on air at the Henderson State University campus station broadcasting as Bobby Bones, while simultaneously starting The Bobby Bones Show at 105.9 KLAZ. Bobby's passions were pop, country music, and comedy, and he blended the three to become a tastemaker in the country music industry, heard by millions daily. Bobby broke the format of standard country radio, mixing country and pop with entertainment news and information, and has interviewed some of the biggest names in the business, including Luke Bryan, Taylor Swift, Blake Shelton, Tim McGraw, Lady Antebellum, and Jason Aldean. Yet despite the glamour, fame, and money, Bobby has never forgotten his roots, the mom and grandmother who raised him, the work ethic he embraced which saved him and encouraged him to explore the world, and the good values that shaped him. In this funny, poignant memoir told in Bobby's distinctive pater, he takes fans on a tour of his road to radio. Bobby doesn't shy away from the curves he continues to navigate—including his obsessive-compulsive disorder—on his journey to find the happiness of a healthy family. Funny and tender, raw and honest, Bare Bones is pure Bobby Bones—surprising, entertaining, inspiring, and authentic.

Book Information

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Local

Customer Reviews

Good book, most if not all the stories I had heard before but Bobby goes into more detail than on air. Overall on the book grading scaleoverall I give Bare Bones 4 out of 5 stars. Minus one star because I still want to know what happen to Carlos ?

Long time listener of the BBS preordered the book and started reading it as soon as it got here today ... If youve been a listener for a while then you have heard most of the stories but it was also cool to get a glimpse into Bobby's head about what he was going through/feeling at certain times of his life .. I do wish it would of been a little longer and went into more of the relationship between him and the rest of the members of the show .. All in all though I did enjoy the book and even though I didn't buy the audiobook for some reason I could hear Bobby's voice in my head as I read it
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When Bobby Bones replaced the morning show I had listened to while driving to work for the past couple of years, I was NOT happy. But I had to listen to SOMETHING on my drive to work, and I'm a creature of habit (or stubborn), so I refused to change the station. It took me about a week to get over my upset and absolutely fall in love with the Bobby Bones show. Yeah, a whole week. Amy is sweet, Lunchbox is obnoxious, and Bobby is a true breath of fresh air. When he said he was writing a book, I couldn't wait to read it. It took me about 3 sessions to read through it. I don't know what the negative reviewers are complaining about. Okay, so Bobby writes like he talks, not like someone writing an essay for an English grammar class. So what! I like how he talks, and the fact that he wrote that way kept my interest. And to the reviewer who has lost respect for him.... I don't understand why... Here is an imperfect guy writing about his imperfect life. I completely get it. I respect him for it. He has trust issues. I get that, too. The guy is real. He had a not-great childhood (overall). He was dirt poor. But he figured it out and he moved on. Okay, the "stuff" still lives in his head - hey, I have stuff from my past that won't go away, too, and if someone tells me they DON'T have "stuff" from their past, I will say that person is lying - to me AND to him/herself. But Bobby has and is making lemonade out of the lemons - for other people. He helps people -- because of where he came from. He calls that selfish. I call it remarkable. (Oh, and he likes dogs. That makes him a-OK in my book.) I hope Bobby finds his "happy ever after", but even if he never finds Ms. Right, I think he's doing just fine. I loved the book. I'll read it again at some point. I HIGHLY recommend this

book.

I have been a fan of Bobby since he started the morning show in Austin in the 2000s. I remember waking up to "GOOOD MORNING!" by Lunchbox and thought this was going to be a book to shed more light on the show. I decided on the limb to purchase the audio book last night and listened to it just so I could see all the back stories. It covered Lunchbox getting arrested, to the billboards to Bobby's love life. Overall the book was good, but for a long time listener most of the stories I had heard before on the radio. The few "bombshells" were mostly leaked or hinted at by Bobby so no real big surprises. Overall loved his audio book but thought it was hyped way too much for what was in the book. I learned some things but a majority of the book was items which I already knew.

If you enjoy listening to Bobby you will love his book. It is like he is there telling you the stories personally. He is great at making a connection to people without having to be in the same room, town or state!

Very raw look into the real Bobby Bones. Heartbreaking at times. It made me want to just give him a huge hug. I've always loved listening to The Bobby Bones Show each morning during my commute to work but I have a new level of respect for Bobby after reading his book. FIGHT. GRIND. REPEAT.

Bobby Bones is both apologetic and proud of his life in his memoir, Bare Bones. We get to know the real Bobby Estell, laugh and cry as he shares his childhood stories and get to know more about his friends and his radio show: The Bobby Bones Show. This is a must read for anyone who tunes into his station.

I haven't picked up a new book in a while. This one was the first one I had read in quite some time. It did not disappoint! There were times I laughed out loud, times I cringed, and times I said "OMG that sounds just like me!". Bobby does a great job staying on the "normal person" level. He tells humiliating stories of things that have happened to him. He lets us experience his heartaches in stories of previous relationships. He shares his excitement when something major happens. I found myself getting lost in this book, feeling like I was reading my best friend's story. I related to his stories of having "double cousins". I also have "double cousins". It only took me about a day and a half to finish this book but it was time well spent.

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