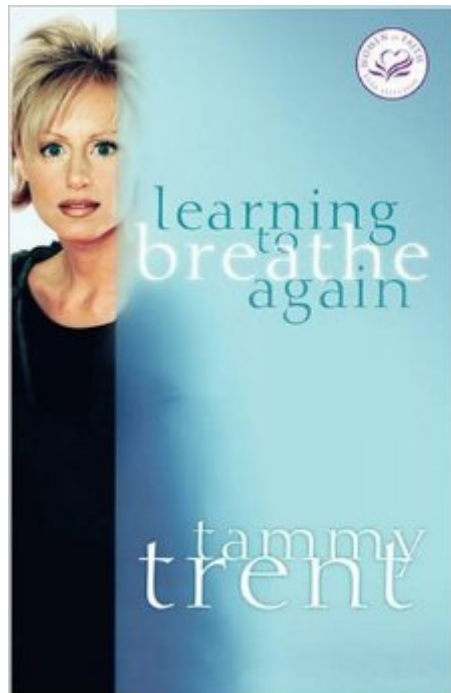


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# Learning To Breathe Again: Choosing Life And Finding Hope After A Shattering Loss (Women Of Faith)



## Synopsis

Follow Christian singer/songwriter Tammy Trent as she tells of her beautiful love story turned tragic, still pointing to God as the source of all life and hope. Theirs was a fairy-tale romance. Her husband, Trent, was Tammy's best friend and business manager. While vacationing in Jamaica in 2001, a routine free diving excursion in the Blue Lagoon turned drastically tragic when Trent never resurfaced. Unfortunately, the following day's events of 9/11 would create an incredible obstacle to Tammy's and her family's efforts to connect and handle these horrendous events. Tearful prayers pleading with God to make Himself real have been answered, and God is slowly restoring Tammy's joy and hope, as she begins to sing and dance again for Him.

## Book Information

Series: Women of Faith

Paperback: 224 pages

Publisher: Thomas Nelson (May 30, 2006)

Language: English

ISBN-10: 0849909546

ASIN: B002KE47RG

Product Dimensions: 8.3 x 5.9 x 0.7 inches

Shipping Weight: 8.8 ounces

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (35 customer reviews)

Best Sellers Rank: #551,062 in Books (See Top 100 in Books) #114 in [Books > Arts &](#)

[Photography > Music > Musical Genres > Religious & Sacred Music > Contemporary Christian](#)

#121 in [Books > Arts & Photography > Music > Musical Genres > Contemporary Christian](#) #436

in [Books > Christian Books & Bibles > Christian Living > Music](#)

## Customer Reviews

The week of 9/11 I remember thinking that while we were in shock over the horrific events in New York, Washington, DC and Pennsylvania, there were people who were going through their own personal tragedies that would be overshadowed by the events of this day. Someone's mom would be dying, someone would get a diagnosis that they did not want to hear or a car accident would spin someone's life in a new direction. It reminded me that C.S. Lewis had passed away the same day as JFK's assassination and his death was barely noted as a result. Tammy Trent was one of those people. September 10th dawned wonderfully for her and her husband, Trent. They were enjoying some idyllic days on a Jamaican beach before doing a mission trip on another part of the island.

Thrilled to be together --- away from cellphones, Internet access and the demands of Tammy's music career --- they were reveling in their time together and making plans. Trent was an accomplished free diver, which means that he dove without air tanks, able to hold his breath up to five minutes. The beautiful Caribbean waters beckoned him to make a dive at Blue Lagoon before he and Tammy went off for a relaxing afternoon together. Trent pushed off and turned back to wave to Tammy one last time before he made his dive. This was a tradition of theirs. One never left; you walked away and then turned back again and again. Trent waved and dove into the blue water. Fifteen minutes went by and he still was not back. Then 30 minutes. Then 45. Tammy knew something was drastically wrong. Beckoning people to help her, a search for Trent commenced. But he was not found that day, even when divers went to 240 feet down. She called her family back in the States to share her heartbreaking news.

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