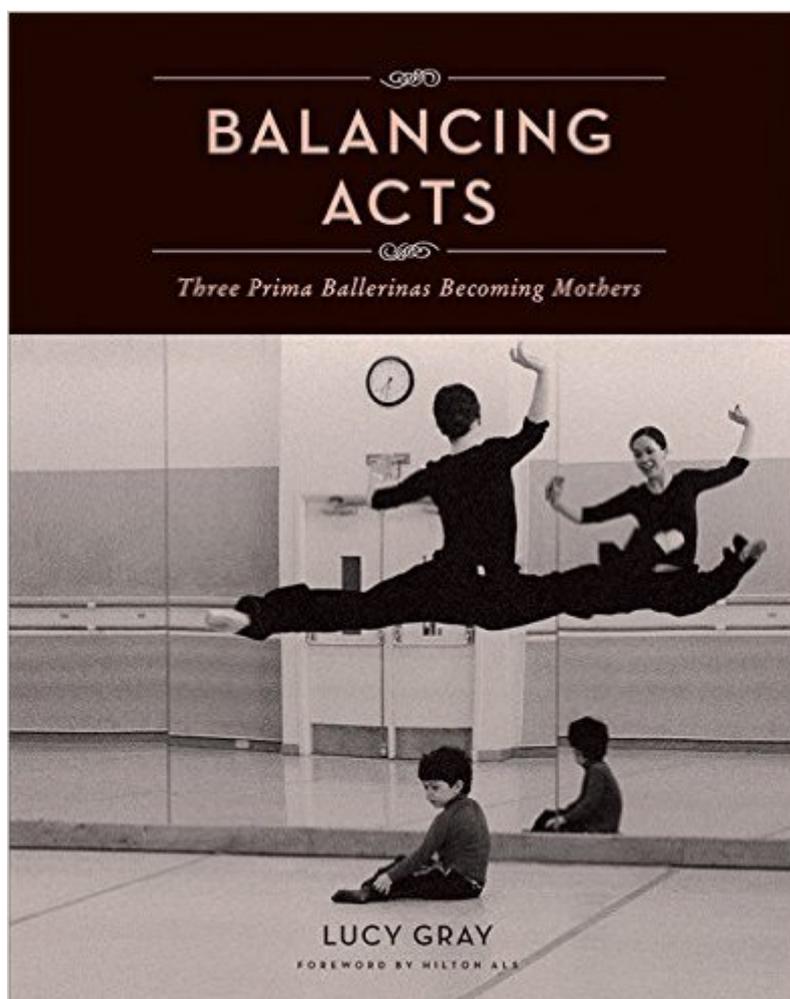


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# Balancing Acts: Three Prima Ballerinas Becoming Mothers



## Synopsis

There are few jobs more rarefied or as physically and mentally demanding as prima ballerina. And yet, despite very real professional risks, three dancers from the world-class San Francisco Ballet all decided to have children at the pinnacle of their careers. In *Balancing Acts*, photographer Lucy Gray takes readers on an unforgettable fourteen-year journey with these ballerinas, capturing their remarkable grit and determination. In dramatic black-and white photography, Gray documents their struggles to balance the demands of family and work—from their tireless preparation in rehearsals and dazzling mastery of craft displayed on stage, to their time spent relaxing at home with family and even while giving birth. In extensive interviews the dancers and their husbands discuss their stories with great candor, providing remarkable insight into the life of a ballerina and the everyday challenges and joys of mothers everywhere.

## Book Information

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## Customer Reviews

This is an amazing book. Actually, I was a little disappointed by the pictures. I think the cover photo took my breath away and sold me. I wanted more of exhilaration of watching dance and family intertwined so dramatically. However, the photos focus on exploring private, more ruminative, moments -- the dressing room after a show, for instance. However, what I didn't see coming, and value profoundly, are the personal statements provided from the mothers, and their husbands. Remarkably, these statements speak frankly about the challenges of making ends meet, of finding happiness and contentment in one's relationships, of dealing with stress in one's career, of sharing

ones home with little people. Truly, the honesty in this book blew me away.

Excellent read

The engaging thing about this book is its breadth, from stage to delivery room. Gray had virtually unfettered access to the lives of her subjects, and made fascinating use of it.

Feel like I know these women personally. Actually, I have met all three and was a great fan when they were still dancing. Fun to see the photos of the kids growing up!

Really small print but a very interesting read.

Fabulous book!

Ok

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