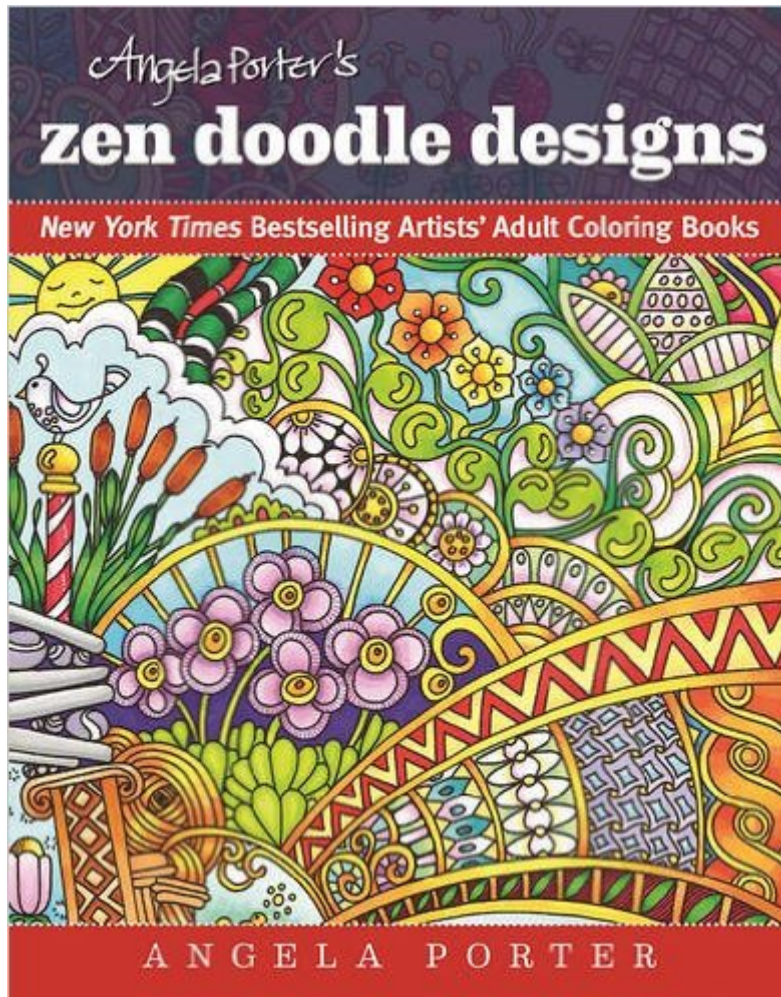


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# Angela Porter's Zen Doodle Designs: New York Times Bestselling Artists' Adult Coloring Books



## Synopsis

Experience the soothing power of adult coloring with these intricate animal tangles created by New York Times bestselling illustrator and master of the abstract Zen style Angela Porter! Zentangle, a fun and relaxing art form that emerged in the last decade, is often referred to as a meditative practice. Its free-form style, abstract images, and repetitive patterns unite to form elaborate illustrations. This method has been said to increase mindfulness and aid in relaxation, while simultaneously expressing creativity—an ideal remedy for stress. Recently, the form has inevitably made its way into the adult coloring book world and has been helping colorists unwind ever since. Based loosely on the Zentangle method, Angela Porter's Zen Doodle Designs embraces this style in both the creation of the designs and the coloring of the finished illustrations; only the latter is up to you! Bestselling author and master Zen illustrator Angela Porter takes you on a relaxing journey with this beautiful collection. Featured are forty-nine soothing designs for you to color, each incorporating intricate florals, beautiful swirling and circular patterns, and other aesthetically pleasing, geometric shapes. The pages are perforated and printed on one side, making it simple for you to remove and display your finished works. So sit down, relax, and break out your colored pencil box along with Angela Porter's Zen Doodle Designs—it's the perfect way to have some fun and decompress!

## Book Information

Series: New York Times Bestselling Artists' Adult Coloring Books

Paperback: 104 pages

Publisher: Racehorse Publishing; Clr Csm edition (June 28, 2016)

Language: English

ISBN-10: 1944686029

ISBN-13: 978-1944686024

Product Dimensions: 8.4 x 0.3 x 10.8 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars See all reviews (132 customer reviews)

Best Sellers Rank: #37,744 in Books (See Top 100 in Books) #57 in Books > Self-Help > Art Therapy & Relaxation #78 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Animals #120 in Books > Arts & Photography > Graphic Design > Techniques > Use of Color

## Customer Reviews

I have a number of Angela Porter's coloring book designs from other publishers and enjoy her work tremendously. She has a distinctive style that really appeals to me. This is the first of her books to be carried by Racehorse Publishing under their line, New York Times Bestselling Artists' Coloring Books. Please note that, at this time at least, this doesn't mean that this book is a NY Times best-seller, merely that the artist has had books in that category previously. Frankly, I won't be surprised if this one joins the others as it is filled to the brim with the type of designs I look for in a book by Dr. Porter. There are 49 doodle designs – mostly in a rectangular format. While the designs incorporate some real life and recognizable elements, for the most part, the designs are tangled doodles that are simply fun to color. Also note that, unlike Dr. Porter's other books, there are no colored samples (other than the cover) in the book. The designs are detailed and in some cases rather intricate. I don't consider the elements to be small and hard to color. I find that I like to practice my blending skills with these designs. They just seem to inherently lend themselves to color changes and changes in intensity of a color as well. I also like to use a bunch of colors and just see where I end up as well. This sometimes works out well and sometimes it ends up being a project from which I learn what not to do (again) in the future.

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