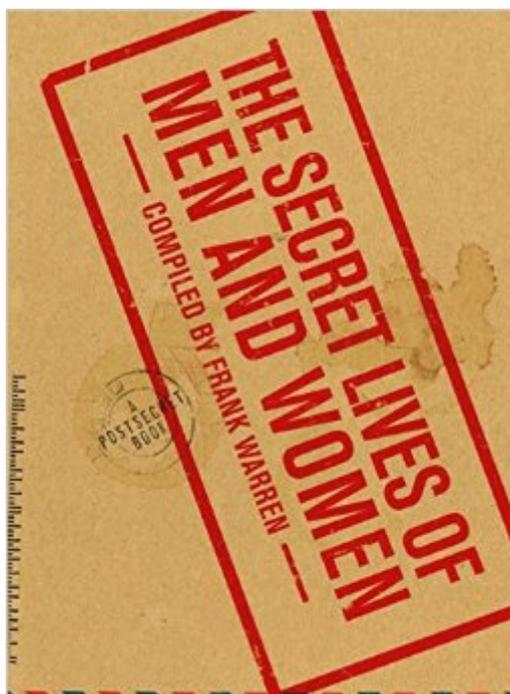


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# The Secret Lives Of Men And Women: A PostSecret Book



## Synopsis

New York TimesÂ Bestseller Postsecret.com founder Frank Warren is back with an irresistible addition to his bestselling PostSecret series. For *The Secret Lives of Men and Women*, Warren has selected a never-before-seen collection of postcards bearing the explosive confessions and captivating revelations of men and women everywhere. Created using photographs, collages, illustrations, and more, the handmade cards offer a compelling dialogue on some of today's most provocative topics—from marriage and infidelity, to parenting, office politics, repressed fantasies, and even abortion—daring us to consider how well we really know our friends, family, even ourselves.

## Book Information

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Average Customer Review: 4.7 out of 5 stars See all reviews (135 customer reviews)

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## Customer Reviews

*The Secret Lives of Men and Women* is the third book in an ongoing series of books that are compiled from cards sent to Warren as part of an art project started several years ago. What began as an art project has, I think, become a phenomenon...everywhere I go online these days it seems like Warren and his postcards are being talked about. From my perspective, PostSecret and *The Secret Lives of Men and Women* (the second book still leaves me non-plused) are wonderfully innovative and I think will continue to have an impact on people for years to come! There is something very moving about opening up a book and seeing the innermost feelings of others...some that are so spot on to how one has felt in the past and others so alien as to break one's heart...but all are inspiring in their own way. You get humor (some of these are funny beyond description), heartwarming, disgusting, silly and even heart-wrenching...they run the gamut of human emotion

and drag the reader (willingly and happily) along for the ride. Like the second book, this third book is significantly shorter than the first book, but here we have a return to the amazing impact the first book has...I was much more moved (in a variety of ways) while reading this book...I've read it three times since picking it up from the library (and I'll be buying one this upcoming payday). All three would make great coffee table books and/or discussion group choices (though you could easily miss the second and be none the worse for it). In the end, I'd recommend this without hesitation and I'll definitely be adding a copy to my permanent library. Wonderful stuff...I give it five stars AND two thumbs up! There is something universal about this book...I think we can all see a bit of ourselves somewhere in the book and knowing that someone else shares our secret is one of the best feelings there is!

I drove 3 hours to Portland for the book signing and missed it so I could go visit a friend in prison instead. I bought an autographed copy at Powells on the way home. I drove 3 hours home before I read it and found my secret. It takes up a whole page, I mailed it in over 2 years ago. I felt like a million bucks. My mom lives out of state. She bought it and called me to tell me she saw my secret in the book and that it was obvious it was mine. I feel relieve that she knows my secret now and I didn't have to tell her face to face. This is a book that can be embraced by EVERYONE of any race, background, religion, personality. It gives the human race a common bond and makes us feel less alone. Thank you Post Secret. You help us heal our souls.

I have been a follower of this project ever since I saw Frank Warren promoting his foist book on the Today Show. I absolutelly LOVED the first book and was extremely dissapointed with the second one My Secret: A PostSecret Book (white cover). That one totally lacked the spirit of the first one. This third edition has come to make up for what the second one lacked in my opinion. It is put together much better...the secrets are deeper and they flow throughout the entire book. I absolutely recommend this book.

As the third book in this series, there are no surprises here. If you liked the previous books, you will likely enjoy this. I did enjoy the previous books and I enjoyed this one. "Enjoyed" may not be the correct word to describe my feelings as I read these postcards containing people's deepest secrets. Perhaps it is more appropriate to say I am moved by what I read here. So little out there is truly moving. Perhaps that is why I find myself attracted to these books. On the other hand, the Postsecret concept is not new or unknown anymore. There is a touch of self-awareness now that

changes these books if it not just my own awareness of the concept that is tainting my experience somewhat. Still, I hope Warren keeps up the good work.

Postsecret is a community project started by Frank Warren. Initially he printed 3,000 self-addressed and postage paid postcards and asked people to anonymously send him a secret. He only got 100 postcards back but since then he has received over 50,000 postcards and they keep coming in. Reading these secrets feels intimate, the postcards are hand crafted and some are incredibly clever and beautiful. The secrets range from the trivial and funny to touching, heart warming and heartbreaking. Reading these I couldn't help but think that people share a lot of the same insecurities and worries, that many of us make bad choices and don't know how to break away from them, that many of us want to change and that many of us feel scared and alone. Reading this was like a leveller, it reminded me what is important in life, it reminded me that I am fortunate in many ways and it reminded me that I am not alone. It also made me think about what my secrets are and temporarily made me want to share them.

I first got into PostSecret when I was in High School. It reached out to me in a way that angsty teenagers can appreciate. I was feeling lonely, ostracized by my peers, frustrated with the system, and just down right rebellious. I purchased this book in 2007, and I still take it off the shelf from time to time. This book has followed me from both High School and College graduations, across 5 moves (and counting), and will likely continue to follow me throughout my life. It is inspiring, beautiful, moving, empowering, and depressing. It is a constant reminder that people have gone through worse and weirder than I have, and that there are even people that share some of my secrets. I purchased this book and the "My Secret: A PostSecret Book" at the same time, and they have both been on my bookshelves for years. I come back to them when I'm feeling a certain kind of way, and sometimes I reap a cathartic experience or inspiration out of them. Sometimes they sadden me, and I may even feel strongly enough to get a bit weepy. Other times they inspire me. In poetry, in writing, in my life. And even though I no longer religiously check the PostSecret website like I once did 5 years ago, the fact that these books are on my shelf brings me some comfort. Comfort in sadness, maybe, but it's something.

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