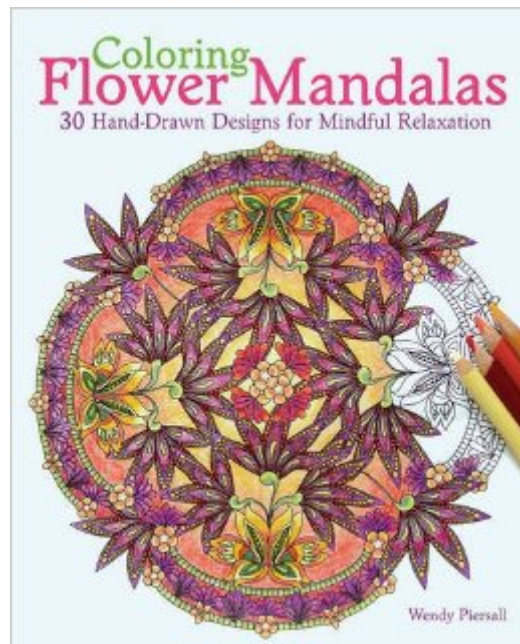


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# Coloring Flower Mandalas: 30 Hand-drawn Designs For Mindful Relaxation



## Synopsis

ATTAIN FOCUS, CLARITY AND PEACE WHILE ADDING BRIGHT AND INSPIRING COLORS TO THESE UNIQUE FLORAL PATTERNS Relax, focus, reach a higher state of mindfulness and simply enjoy yourself as you artfully fill in the intricate shapes. Coloring Flower Mandalas offers you a garden of inspiring blooms, including:â € Orchidsâ € Rosesâ € Gardeniasâ € Vinesâ € Liliesâ € Sunflowersâ € Loutusesâ € Marigoldsâ € Poppiesâ € Tulips

## Book Information

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Average Customer Review: 4.6 out of 5 starsÂ Â See all reviewsÂ (103 customer reviews)

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## Customer Reviews

Such a wonderful collection of 30 stunning, imaginative, meticulously detailed, unique flower mandalas, a few medium detailed, but most very detailed. There is something so calming and relaxing about coloring mandalas and I especially love this book of mandalas with its beautiful flower themes.If you like the cover picture, you will love the pictures inside this book, all are beautiful and captivating.This book is a perfect addition to your coloring library, or a gift for college students, or adults who enjoy coloring, and a much easier way to reduce stress than going to the gym.This book is perfect for colored pencils, gel pens, or ultrafine markers. Some gel pens and markers bleed through the pages so use paper under the page.1. 30 beautiful, flowing Illustrations printed one per page (the back of each page is blank) on medium weight , bright white paper2. All markers that I tested (Triplus fineliners, Bic Mark-it ultra fine, Sharpies ultra fine, Pentel , ) leak through the page so place 2 pieces of paper under the page you are coloring and leave it until it is dry to prevent

damage to the next page.<sup>3</sup> Fiskars Gel pens did not leak through the page, Irma Gel pens did so test your gel pens.<sup>4</sup> This book is 7 1/4 inches by 9 1/4 inches<sup>5</sup>. The circular mandalas are centered on the page and average 6 inches across, not much smaller than a full sized books mandalas.<sup>6</sup> At the bottom of each page there is text (Coloring Flower Mandalas) is printed under each image?

Oh my gosh, these designs are absolutely gorgeous and I'm addicted to coloring them! I can't get enough!

I bought this coloring book so my daughter and I could have fun bonding time together without her asking why I wasn't coloring but I also wouldn't have to deal with coloring another poorly outlined fairy princess. Much to my surprise I really enjoyed coloring in this book and was impressed with the quality. Each flower Mandala is different and the designs really are unique from one another. The line shading is thin and well printed so even the smallest of circles could be filled in. It was definitely difficult to color in each mandala well and it kept me occupied for some time. Do note though, this really isn't a coloring book for children. Crayons or markers will be too imprecise and you really need a good set of colored pencils to use this book to it's full potential. My daughter (5 yrs.) gave it a try but soon got bored and scribbled all over page as was expected. However, I hope it has given her something to work towards. I know it has given me a nice new relaxing hobby and some good quality father/daughter time.

The pictures were lovely, with a wide variety of spaces, shapes and flowers to color. There is something very therapeutic about being able to color a petal, rotate the picture a bit and then color the next petal, working round and round the picture slowly before moving to the next bit, which I imagine was the entire point. After I am done coloring, I feel relaxed and at peace, ready to face the rest of my day, which is something lately I've had some trouble with. I look forward to every new picture and how it makes me feel! My only issue was the my subpar colored pencils did not stand up to the depth and detail needed, so I had to upgrade my art supplies- which is less of a bad issue than a perfect opportunity to buy new supplies, something any artist (pro or amateur) will tell you is always a good thing.

This book is a lot of fun. A nice mix of beautiful flower mandalas at all levels of detail. I am enjoying this book. I have used colored pencils, gel pens, brush tip markers, and Staedtler neon and regular

colored fine line pens on the designs. All have produced a lot of color. The brush tips leaked through the back of a page but I put a piece of paper between images to avoid color transfer. A fun, relaxing book with many creative coloring options.

Although this wasn't my favorite book, I will say there are some really cool illustrations to color here. Most of which are VERY detailed ( I skipped quite a few.) I had to use my Staedtler triplus fineliners to fill the tiny spaces. Each illustration is printed on one side, the paper is not perforated. They're printed close to the binding, so you have to take care if you choose to remove a page from the book. I would lay the book out and gently bend it a bit, so I could tear it from as close to the binding as possible. Then I used my Fiskars paper trimmer to clean up the edge. I recommend using a scrap of paper underneath, as there will be a fair amount of bleeding. Overall I did enjoy coloring some of these illustrations, others just weren't my cup of tea.

This book started my love affair with adult coloring books. The designs are complex but not impossible, interesting, and completely beautiful. This book is so much fun. It gives you a ton of freedom to color these gorgeous designs- I can't stop adding color and my own touches to all of these mandalas. It's such a stress reliever to sit at the end of a long day and turn on the television and decorate a page. I liked it so much; I bought one for a friend! I can't wait to compare our pages and see how they are similar or different. I love flipping through pages I've already done and seeing how the designs turned out. It's a way to be creative without stressing my mind out too much- I save big crafts or projects for the weekend, and get my creativity flowing throughout the week with these books. This is the first one I picked up, and still the prettiest.

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