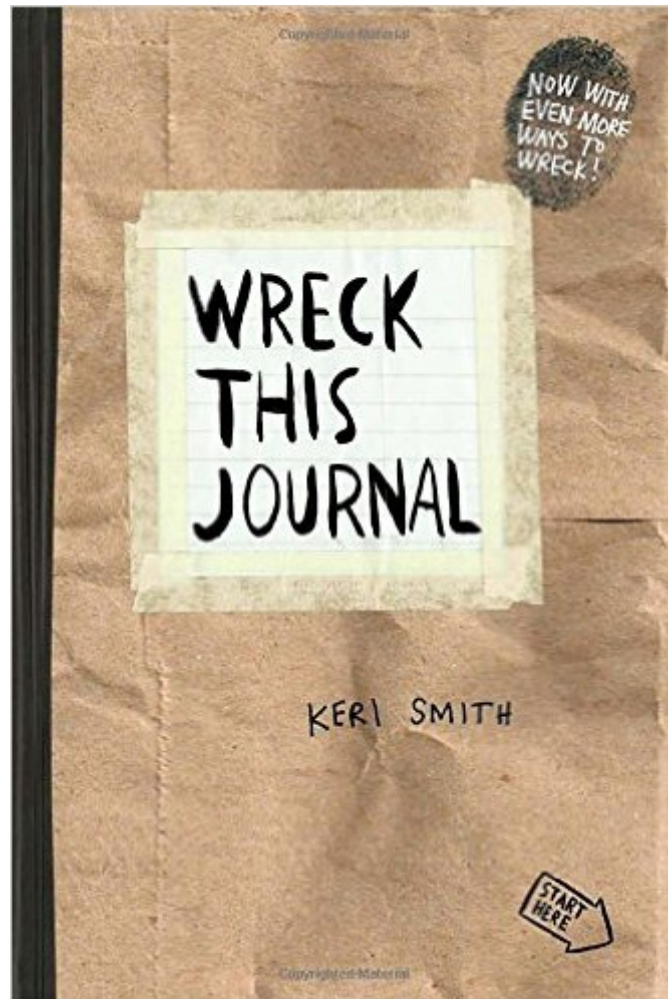


The book was found

# Wreck This Journal (Paper Bag) Expanded Ed.



## Synopsis

Special limited paper bag cover edition of the internationally bestselling phenomenon with over 7 million copies sold! Paint, poke, create, destroy, and wreck to create a journal as unique as you are! For anyone who's ever had trouble starting, keeping, or finishing a journal or sketchbook comes this expanded edition of *Wreck This Journal*, a subversive illustrated book that challenges readers to muster up their best mistake- and mess-making abilities to fill the pages of the book or destroy them. Through a series of creative and quirky prompts, acclaimed guerilla artist Keri Smith encourages journalers to engage in destructive acts like poking holes through pages, adding photos and defacing them, painting pages with coffee, coloring outside the lines, and more in order to experience the true creative process. With Smith's unique sensibility, readers are introduced to a new way of art- and journal-making, discovering novel ways to escape the fear of the blank page and fully engage in the creative process. To create is to destroy. Happy wrecking!

## Book Information

Diary: 224 pages

Publisher: Penguin Books; Reprint edition (August 7, 2012)

Language: English

ISBN-10: 0399162712

ISBN-13: 978-0399162718

Product Dimensions: 5.5 x 0.6 x 8.3 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars See all reviews (166 customer reviews)

Best Sellers Rank: #4,675 in Books (See Top 100 in Books) #3 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Reference #4 in Books > Self-Help > Journal Writing #6 in Books > Self-Help > Art Therapy & Relaxation

## Customer Reviews

I have bought two for friends and one for myself, and everyone loves these books. They are not only entertaining and fun, but they force you to get creative and express yourself too. And, this may sound weird, but I have found this book to be one of the most therapeutic experiences of my life. It has become an outlet for frustration, anxiety, happiness, everything. This could have everything to do with my being a nerdy rule-follower, but having a way to break little rules (cracking the spine of a book, ripping pages out, etc) is a little, sane way I can be "rebellious" and step out of my comfort zone a little. I realize that to some people this may sound ridiculous, but some of you will know

exactly what I'm talking about.

Procrastinator? Bored? Creative? Need a video idea? Wreck this journal is the answer! This is a new version with loads more pages for you to colour and wreck! But if you are unsure of buying, search some video's on youtube. It shows you what you can do :3

This was a fun way for my kids to do creative things over the summer. They carried it with them everywhere and were constantly filling in pages. Would definitely recommend...we own 3 (they all have different covers).

First off...yes, you can do these same exercises on your own with a normal journal - but why would you, everything is laid out pretty darn nifty here! Wreck this Journal was, and still is, amazingly fun. As a type-A neat freak artist who doesn't like having anything out of place, this really helped me get out of my "gotta keep everything looking perfect or it's not perfect" mentality. This book encourages you to let go and just be artistic. There's a number of activities that can be construed in different ways, and many of the activities involve cutting, dirtying, ripping pages out, drawing with reckless abandonment, and simply having fun doing art for the sake of doing art. You don't have to go in order, if you do activities as you please, and while I'm able to sneak in some really nice pieces, I've also got in a few absolutely awful looking pages in there...and its ALL GOOD because when I look at them later, they are simply awesome. This is a great book to get people to just do art and have fun with it...once I finish this book, I'm getting another from this series...they're great!

My 8 year old daughter "had" to have this book! And it has kept her busy for hours. The tasks it asks her to do with the book are hilarious. Like...take the entire book into the shower with her! Who would ever take a book in the shower. She loves it and I love it too. It's a fun and unique way to pass time that does not involve staring at a screen.

This journal is amazing, is everything I though it was going to be, I totally recomended, is a really good way to waste time.

What a great idea! My daughter bought this for herself and loved it! And even though many would think this would be a great idea for younger people (my daughter is 22), I bought it for my fun friend who was turning 59..! She thought it was the most amazing and greatest idea ever! I knew that she

would feel like a kid again by using this journal since it prompts you to do things you have never done before or haven't done since you were a kid! If you want to break up your daily routine, this journal is a fun way to take you out your "adult zone" for awhile letting you have fun again and giving you that free feeling you used to feel when you were young(er)!

Bought this for my daughter after she watched a YouTube video of Graveyard Girl who had one as well. It's entertaining and keeps her busy throughout the day. Planning on buying more now!

[Download to continue reading...](#)

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