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# The Permaculture City: Regenerative Design For Urban, Suburban, And Town Resilience





## Synopsis

Permaculture is more than just the latest buzzword; it offers positive solutions for many of the environmental and social challenges confronting us. And nowhere are those remedies more needed and desired than in our cities. The Permaculture City provides a new way of thinking about urban living, with practical examples for creating abundant food, energy security, close-knit communities, local and meaningful livelihoods, and sustainable policies in our cities and towns. The same nature-based approach that works so beautifully for growing foodâ •connecting the pieces of the landscape together in harmonious waysâ •applies perfectly to many of our other needs. Toby Hemenway, one of the leading practitioners and teachers of permaculture design, illuminates a new way forward through examples of edge-pushing innovations, along with a deeply holistic conceptual framework for our cities, towns, and suburbs. The Permaculture City begins in the garden but takes what we have learned there and applies it to a much broader range of human experience; weâ ™re not just gardening plants but people, neighborhoods, and even cultures. Hemenway lays out how permaculture design can help towndwellers solve the challenges of meeting our needs for food, water, shelter, energy, community, and livelihood in sustainable, resilient ways. Readers will find new information on designing the urban home garden and strategies for gardening in community, rethinking our water and energy systems, learning the difference between a â œjobâ • and a â œlivelihood,â • and the importance of placemaking and an empowered community. This important book documents the rise of a new sophistication, depth, and diversity in the approaches and thinking of permaculture designers and practitioners. Understanding nature can do more than improve how we grow, make, or consume things; it can also teach us how to cooperate, make decisions, and arrive at good solutions.

#### **Book Information**

Paperback: 288 pages Publisher: Chelsea Green Publishing (July 31, 2015) Language: English ISBN-10: 1603585265 ISBN-13: 978-1603585262 Product Dimensions: 7.5 x 0.7 x 9.5 inches Shipping Weight: 1.4 pounds (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars Â See all reviews (12 customer reviews) Best Sellers Rank: #76,827 in Books (See Top 100 in Books) #11 in Books > Science & Math > Agricultural Sciences > Agronomy #12 in Books > Crafts, Hobbies & Home > Gardening & Landscape Design > By Technique > Urban #16 in Books > Arts & Photography > Architecture > Sustainability & Green Design

### **Customer Reviews**

(Disclosure: this review was previously posted on Examiner.com)When Toby Hemenway and his wife moved to the country to live a bucolic life in a sustainable, environmental way, what he learned was quite the opposite of being more environmentally sound.In fact, their ecological footprint turned out to be far larger than if they lived in the city. They needed a car to go anywhere, services and stores were beyond walking distance miles away, and their social lives were severely limited. When Hemenway added up the impact of his country lifestyle, he had to admit there was a better way to live a greener life â " move back to an urban area, and later, write a book about it. The Permaculture City: Regenerative Design for Urban, Suburban, and Town Resilience is that book.The Permaculture City integrates the concepts and practices of permaculture within an urban setting. Granted, the city is often the last place one thinks of as environmental, but Hemenway says, â œThe human-nature bond can be lost in cities if we're not careful, and I think we go somewhat insane without it. Cities can help keep their surrounding regions both ecologically and economically healthy by fostering connections that are intended to do that, rather than ignore or simply exploit their surroundings.

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