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# My Irish Dance Journal: Keeping Track Of My Irish Dance Practice, Goals, Results, Aspirations And Lots Of Other Stuff



## Synopsis

Irish Dancers are a unique breed. Even at the most elite levels, they are involved students at school, accomplished musicians, leaders, community volunteers and exceptional athletes. It is very important for them to understand how much time they are devoting to their many activities, and how much time they are devoting to honing their craft of Irish Dance. Organized by month of the calendar year, this journal allows dancers to track the time they have spent practicing, pursuing their goals, their accomplishments, and their Feis results and goals. Dancers are encouraged to share this journal with their teacher, to document their progress and to review their growth as an Irish Dancer throughout the year. Written by a certified Irish Dance teacher and adjudicator, the author began her Irish Dance studies in 1969 with one of the most pre-eminent figures in Irish Dance in the United States, and continued to study with him until the early 1980's. As a parent, she has spent years helping her own children track their many hours spent in dance practice, music practice, studying, homework, completing projects and writing papers.

## Book Information

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## Customer Reviews

My 10 year-old daughter is a devoted Irish dancer at the preliminary champ level. She was very excited to get this book for Christmas, and writes in it every day. It allows her to document her practices, to formulate her goals and document her successes, and also keeps track of doing her homework and chores. Excellent book for any dedicated Irish dancer.

This is a great journal! It doesn't have to be just for Irish dance. My daughter also keeps track of how much rest she's getting, how much studying she's doing, etc. My daughter looks forward to

reading all of the inspirational quotes and marks her favorites! It is a fantastic journal for a very reasonable price. I purchased an ordinary journal at Staples for three times the price! I hope the author comes out with a Tai Kwon do journal for my son;)

This journal is wonderful. My 8 year old enjoys keeping track of her practice schedule and her results at each feis. I like the section where she can keep track of getting her homework done. It's a great journal. It's a must for every Irish Dancer!

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