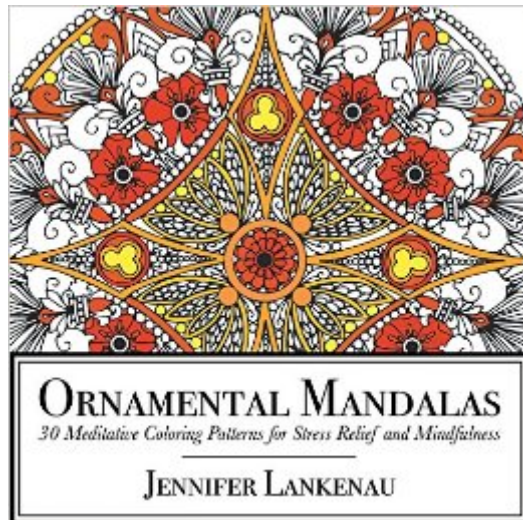


The book was found

Ornamental Mandalas: 30 Meditative Coloring Patterns For Stress Relief And Mindfulness



Synopsis

Designed to help you relax, open your mind, and free your creativity, the artist behind Serenity Swirls provides thirty gorgeous, inspiring new illustrations. From artist Jennifer Lankenau comes Ornamental Mandalas, a gorgeous, hand-drawn coloring book perfect for alleviating stress and exercising creativity with every swirl of your pen, pencil, or marker. Each unique and intricately designed mandala will pull you in, calm your nerves, and facilitate peaceful reflection. Printed on one side of the page, these 30 beautiful illustrations will delight budding artists and coloring enthusiasts alike.

Book Information

Paperback: 64 pages

Publisher: Diversion Publishing; Clr Csm edition (June 7, 2016)

Language: English

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ISBN-13: 978-1682302286

Product Dimensions: 8.5 x 0.2 x 8.5 inches

Shipping Weight: 0.3 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (6 customer reviews)

Best Sellers Rank: #283,785 in Books (See Top 100 in Books) #182 in [Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Mandalas & Patterns](#) #7729 in [Books > Crafts, Hobbies & Home > Crafts & Hobbies](#) #23390 in [Books > Humor & Entertainment](#)

Customer Reviews

Mandalas and circular patterns are one of my favorite things to color. I've been enthralled with Angie Grace's Stress Menders (Balance, Breathe, Centered, and Transcend) series of books for months and find them what I reach for more often than anything else. I've bought at least 10 other mandala books, but none can live up to Angie's books...until now! I am so happy I came across Jennifer's books on Facebook and decided to order them. This book is STUNNING! The mandalas are unique and truly one-of-a-kind. There are some with little critters subtly hidden in the image (owls, fish, lizards, butterflies etc), quite a few with pretty little flowers, and a wide variety of illustrations throughout the book. The complexity of illustrations ranges from moderately easy (decent sized white spaces to color) to extremely intricate (very, very tiny details). There's a little something for everyone and if you're new to coloring, just pick the easy pages first and work your way up to the more challenging ones. This book has one-sided printing, a major plus! The paper is decent quality,

not thick like cardstock but not too thin or flimsy either. The paper will work great with alcohol markers, gel pens, and fineliners. It should also handle colored pencil just fine, though you may not get as much layering as you'd get with slightly thicker paper. I've seen a few people post lovely colored pencil colorings from this book already, though, so give it a try! The only thing I'd be wary of using on this paper is watercolor pencils/water-based markers. The paper is thin enough that it probably won't handle the addition of water well unless you use very, very minimal water. If watercolor is your thing, just copy them onto cardstock/watercolor paper so you don't have to miss out!

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#Mandalas Coloring Book: #Mandalas is Coloring Book No.6 in the Adult Coloring Book # Series

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Creative Oceans Coloring Book: Adult Coloring Book of Stress Relief Sea Animal Patterns and

Designs (Ocean Coloring Book, Lost Ocean, Stress Relief Coloring Book, Anti Stress Coloring

Book) (Volume 1) A Snarky Mandala Coloring Book: Mandalas? Meh.: A Unique Funny Adult

Coloring Book For Men & Women Featuring Mindfulness Mandalas & Easy To Complex ... Stress

Relief & Art Color Therapy) (Volume 1) A Snarky Mandala Coloring Book: More Mandalas?!? Ugh.:

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Book Stress Relieving Patterns Relaxation: coloring book for Adult and grown ups, Anti-Stress Art

Therapy, Stress Relieving Flower Patterns Adult Coloring Books: Mindfulness Mandalas: A mandala

coloring book for adult relaxation featuring stress relieving coloring pages for adults including henna

flowers geometric & animal designs Hand-Drawn Mandalas Coloring Book, Volume Two: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) Hand-Drawn Mandalas Coloring Book, Volume One: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) Coloring Books for Adults Relaxation: An Adult Coloring Book with over 50 Coloring Pages with Flowers, Fairies, Animals, and Patterns: Stress Relief Coloring Books for Grownups Teacher Life: A Snarky Chalkboard Coloring Book: A Unique Black Background Paper Adult Coloring Book For Teachers With Stress Relieving Patterns, ... Relaxation Stress Relief & Art Color Therapy) Easy Mandalas Mandalas For Beginners Adult Coloring Book (Sacred Mandala Designs and Patterns Coloring Books for Adults) (Volume 81) Dot To Dot Mindfulness Mandalas: Relaxing, Anti-Stress Dot To Dot Patterns To Complete & Colour Adult Coloring Book: Share The Love: A Unique Cute Adult Coloring Book With Owls Hearts Trees Pigs Puppies Folk Art Florals Henna Beginner Mandalas ... Relaxation Stress Relief & Art Color Therapy)

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