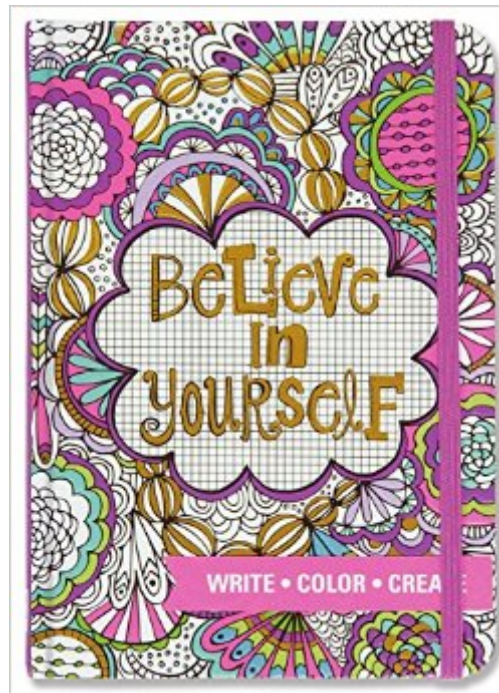


The book was found

# Believe In Yourself Adult Coloring Journal (Write, Color, Relax)



## Synopsis

Immerse yourself in creativity as you write and color your way through this unique journal, filled with designs by illustrator Joy Ting! 160-page journal includes 10 full-size coloring pages! Lightly-lined writing pages include extra accent designs to color, too. Acid free/archival paper preserves your work and takes pen or colored pencil beautifully. Inviting little journal provides plenty room of for jotting down personal reflections, favorite quotes and poems, sketching, and -- coloring! Popular small-format size -- 5 inches wide by 7 inches high -- fits easily in most bags and backpacks. Convenient inside back cover pocket for notes, reminders, business cards, and more. A coordinating elastic band attached to the back cover keeps your place or keeps journal closed. Bronze endsheets complement the journal's design. Vibrant cover art features gold foil detailing.

## Book Information

Diary: 160 pages

Publisher: Peter Pauper Press; Jou edition (January 11, 2016)

Language: English

ISBN-10: 1441320776

ISBN-13: 978-1441320773

Product Dimensions: 5 x 0.6 x 7.3 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (20 customer reviews)

Best Sellers Rank: #14,834 in Books (See Top 100 in Books) #20 in [Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational](#) #27 in [Books > Self-Help > Art Therapy & Relaxation](#) #318 in [Books > Crafts, Hobbies & Home > Crafts & Hobbies](#)

## Customer Reviews

This is such a beautiful journal. I am very pleased with my purchase. It has room to write your thoughts and feelings down and a few pages to color too. The only thing is I wish there were more pages to color, but for the price, it is a perfect journal. It would also make a nice gift for that young person in your life, or adult. I bought it for myself and it's a nice journal that I can use for my 'color' therapy and journal at the same time!

After falling in love with the "Live, Love, Laugh" journal that I got as a gift, I was gifted this one as well and I adore it just as much! This book is a teensy bit smaller than the other and fits in even the

smallest purse I own. The paper quality is top notch and stands up to my gel pens. I would recommend this book for those who like journaling, (Although if you don't, you can just as easily utilize the pages for notes, to do lists, etc...), those who like coloring and for everyone else in between.

I couldn't believe that I found a product that met my specific need. The book was delivered promptly in prime condition. The inerts of the book were beautiful and interesting. Just overjoyed to have found this book. Looking forward to purchasing more from the seller.

Such a nice journal and coloring book. Just enough pictures to color without overwhelming the journal part. I also bought one for a gift for a friend.

I thought it was a coloring book. I am quite surprised to find it is more of a journal. I fits well with my inner artist.

It is so cute...I didn't think it would be as small as it was..but I think that was me just not paying attention in the beginning! But it have cute pages, just the right amount of writing to coloring ratio.

Bought this for my creative daughter. Nice sized journal with plenty of lined sheets for writing. Very cute and the coloring pages are a fun bonus.

This is really pretty! I bought it for my 10yr old she's super crafty and loves little things like this. The inside is super cute as well.

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