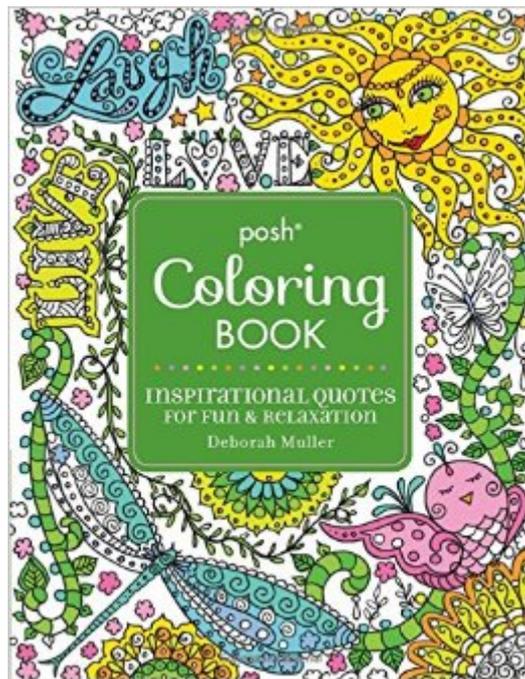


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# Posh Adult Coloring Book: Inspirational Quotes For Fun & Relaxation: Deborah Muller (Posh Coloring Books)



## Synopsis

126 beautiful affirmations to color, to empty your mind of stress and fill your heart with inspiration! Relax and meditate on positive possibilities as you color artist Deborah Muller's intricately detailed hand-drawn designs. With awesome and inspirational quotes, soothing doodles, and relaxing linework, Posh Coloring: Inspirational Quotes offers creativity, gratitude, and happiness on every double-sided page!

## Book Information

Series: Posh Coloring Books (Book 9)

Paperback: 128 pages

Publisher: Andrews McMeel Publishing; Clr edition (January 5, 2016)

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Product Dimensions: 7.2 x 0.3 x 9.5 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (27 customer reviews)

Best Sellers Rank: #58,673 in Books (See Top 100 in Books) #62 in [Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational](#) #75 in [Books > Self-Help > Art Therapy & Relaxation](#) #131 in [Books > Humor & Entertainment > Puzzles & Games > Puzzles](#)

## Customer Reviews

My first coloring adventure with Deborah Muller was her 2016 Coloring Calendar. The calendar is definitely Christian in nature. This collection of 126 pages of designs is more universal. It certainly includes some Christian elements but it also has quotes from others, including Ghandi, as well as just great motivational and inspirational sayings. The designs are very pretty and are fun to color. I find myself grabbing lots of colors and various medium when I sit down to color Ms. Muller's designs. There is so much going on, I feel that I can pretty well do anything as far as color is concerned and it will come out great. The designs are detailed and a good number are what I would call intricate (with some including small areas to color.) I own a couple of other books by Posh Coloring and it looks like they are (wisely, in my opinion) venturing into books based solely on a particular artist's work rather than a subject matter. I love to get a great book with a variety of a single artist's designs â " that way I know which book to grab when I am in the right mood. The

designs are printed on both sides of a medium weight non-perforated paper. The designs do not merge into the binding nor do they spread across two pages. The binding is glued rather than sewn. You can cut the pages out without losing any of the design but you will have design on both sides of the page, so you should look to see if you are cutting on the proper spot for both sides. I was able to break the spine enough to get the book to lay fairly flat. Most of the designs have finished elements on the sides and/or have a framing line that defines where the colorist can stop. I really appreciate this as it gives my project a good finished look when I am done.

Artist - Deborah Muller Pages - 128 Publisher - Andrews McMeel Publishing Book Posh has quite the catalogue of adult colouring books, each one a different theme and category, but all of a similar structure. Inspirational Quotes For Fun And Relaxation is a perfect size for using at home, at work or while travelling at 128 pages and 18.4cm x 24.1cm. The cover is a glossy, bright card with a completed design from the book coloured brightly, and with a mid-green title to stand out. The spine is lightly glue bound as well as string bound, providing extra reinforcement for wherever you may take the book. The paper is of moderate thickness and texture. I was able to achieve quite a few layers of pencil on my completed image with no trouble. I experienced no bleeding with fineliners or waterbased markers, but some shadowing. This is unfortunate as the pages are double sided. If you are using alcohol markers, this will mean sacrificing the other side of the image sadly. Images Each image features a whimsical design or character and hand lettered inspirational quote. Despite the theme, no image feels tedious or repetitive. The hand drawn images contain a unique style that feel refreshing each time you turn the page. The quotes vary from Gandhi, to common sayings, to words such as Dream and Bliss lettered and embellished with fun designs. The designs on each page vary from a cheerful owl, to a delicate dreamcatcher, to a row of plants. The styles are all drawn together by the artists wonderfully unique style of artwork! The linework is consistently medium throughout, which suits the style of images quite well. Some of the lines within the images are thinner but this is hardly noticeable within the artwork.

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