Adult All-In-One Course: Lesson-Theory-Technic: Level 1
Synopsis

Alfred’s Basic Adult All-in-One Course is designed for use with a piano instructor for the beginning student looking for a truly complete piano course. It is a greatly expanded version of Alfred's Basic Adult Piano Course that will include lesson, theory, and technique in a convenient, "all-in-one" format. This comprehensive course adds such features as isometric hand exercises, finger strengthening drills, and written assignments that reinforce each lesson’s concepts. There is a smooth, logical progression between each lesson, a thorough explanation of chord theory and playing styles, and outstanding extra songs, including folk, classical, and contemporary selections. At the completion of this course, the student will have learned to play some of the most popular music ever written and will have gained a good understanding of basic musical concepts and styles.


Book Information

Series: Alfred’s Basic Adult Piano Course

Plastic Comb: 160 pages

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Shipping Weight: 1.2 pounds (View shipping rates and policies)
I used to play the clarinet in middle school. Now I’m 18 and it’s been quite some time since I’ve read sheet music. Playing guitar for six years literally ruined my ability to read the stuff, because I would always use tabs instead. But eventually I grew jaded with the guitar, and I decided to choose a new and fresh direction -- the piano! This book is very well-written, and leaves no gaps. Within just a few days I found myself relearning all that I had forgotten from band class years before, and I’ve now reached the point where I know more than I did! And I haven’t even finished the book yet! Plus, it tests you on theory and technique. You get to fill in parts of the book, which really helps you get involved with what your learning. One reviewer downrated this book because of the song choices, and its accompanying CD. I feel that this is in error. I believe the song choices are just as good as any. If the tunes were familiar, then they wouldn’t be as challenging to learn. And as for the CD... I did notice that the piano parts are rather quiet, but I always thought this was because it was a play-along CD (which is what I use it as). It’s as good as it needs to be. Besides, the pieces get more interesting as you progress, some of the final pieces being "Greensleeves", "Scarborough Fair", "The Entertainer" and "Amazing Grace" (and written in a way so that each hand will be dually occupied). And by the end of the third book in the series, you’ll be playing some of Beethoven’s most popular pieces, like "Fur Elise" and "Moonlight Sonata"! Also -- something that concerned me when I bought this book: do you need a full-fledged piano? The answer is... no!! A sizable keyboard will do you just fine.

No single book will take you from piano newbie to concert level performer. No single one hour practice session, not even a week of piano lessons from the best teacher in the world teaching 24/7. Just not possible and really not what learning piano or any instrument is about. It’s not a contest. People have different reasons for and expectations from learning piano and books should try to match those reasons/expectations with what they offer, but really a good piano teacher is the best guide. I’m not a piano teacher but if I were recommending the book I’d say it is well suited to new players who wish to delve into performing popular music (e.g. Christmas tunes, Billy Joel, Elton John, etc.) more so than those seeking a ‘classical’ piano education- but there’s nothing wrong with
that or the approach in general. In fact, I think it's a great way to motivate new players who will come across familiar tunes that have pretty simplified arrangements. One big bonus in the book is having a CD accompaniment. I of the camp that believes knowing what a piece should sound like helps new students. I've read critiques that say the book is strong on C position fingering which is completely false. It covers other major and minor scales. Some also state it is weak on theory but for it's size it actually covers quite a bit without being too overwhelming. All in all I think it's a great starter book for most learners HOWEVER there are a couple of weaknesses. One weakness is it's lack of discussing the circle of fifths. It's nice to be spoonfed a couple of easy keys but it wouldn't hurt to cover this very important concept early on.

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