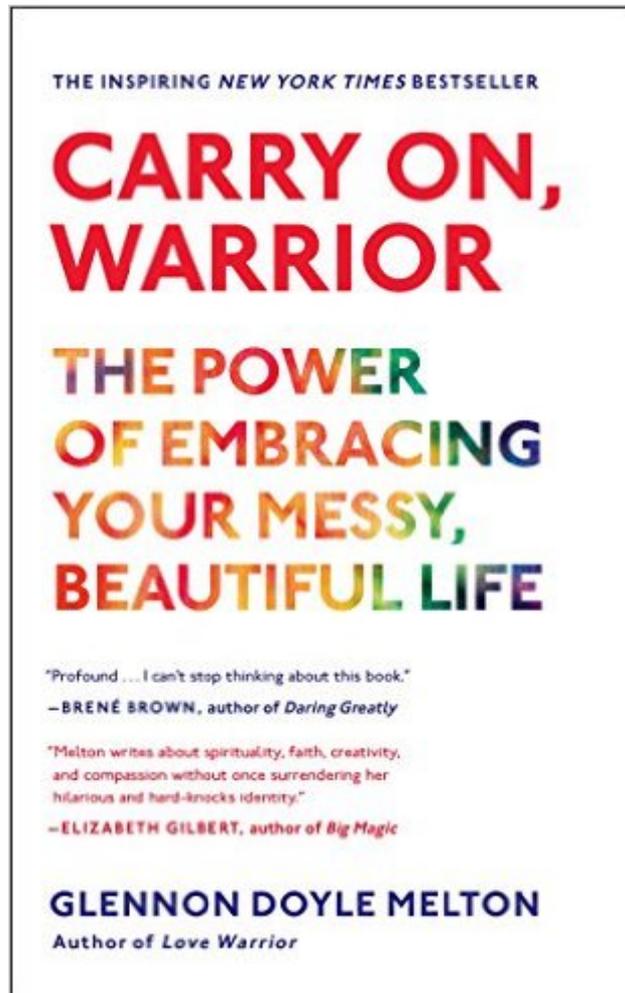


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# Carry On, Warrior: The Power Of Embracing Your Messy, Beautiful Life



## Synopsis

Winner of a Books for a Better Life Award The inspiring and hilarious instant New York Times bestseller from the beloved writer, speaker, activist, and founder of Momastery.com whose new memoir *Love Warrior* is an Oprahâ€™s Book Club selection. Glennon Doyle Meltonâ€™s hilarious and poignant reflections on our universal (yet often secret) experiences have inspired a social movement by reminding women that theyâ€™re not alone. In *Carry On, Warrior*, she shares her personal story in moving, refreshing, and laugh-out-loud-funny new essays and some of the best-loved material from Momastery.com. Her writing invites us to believe in ourselves, to be brave and kind, to let go of the idea of perfection, and to stop making motherhood, marriage, and friendship harder by pretending theyâ€™re not hard. In this one womanâ€™s trying to love herself and others, readers will find a wise and witty friend who shows that we can build better lives in our hearts, homes, and communities.

## Book Information

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Average Customer Review: 4.8 out of 5 stars See all reviews (1,205 customer reviews)

Best Sellers Rank: #69 in Books (See Top 100 in Books) #1 in Books > Politics & Social Sciences > Women's Studies #1 in Books > Parenting & Relationships > Family Relationships > Motherhood #7 in Books > Self-Help > Personal Transformation

## Customer Reviews

I don't know how to review this book. I enjoyed parts of it. Certainly there are a couple ideas in here I find great, while not original. Unfortunately, I must question the overall veracity and authenticity of this memoir. The author jumps from the hung-over positive pregnancy test to relative marital bliss and apparently instant abstinence from drugs, alcohol, cigarettes and bingeing. We are vaguely given to understand her impending Motherhood was the impetus to overcome her addictions, however details are sorely lacking. Did she attend meetings regularly? Did she go to a treatment program or receive any professional assistance? Her story is implausible. For full disclosure, I

bought the book used for a pittance, knowing what sort of book it would probably be, having read some of her blog. I first learned of Glennon from a recovery blog I follow , and wanted to learn more about this person so admired in the Community. I enjoyed some of Ms Melton's spiritual musings. Yes, some were unconventional or even awkward, but that is part of the charm. And yes being brave and kind are great things to practice and teach your kids. Unfortunately there are several things here that dilute the power of her story as they do not ring true. I do not believe that she has never cooked food for her family, as she portrays herself as "middle-class". I do not believe that she does not own pots or pans. If it is a joke, it falls very short . I do not believe she gets take out food 7 nights a week for herself and her family and maintains her weight somewhere around 100 pounds, if we are to believe her pictures. I also do not believe that she never vacuums her house, and if she doesn't, I don't find it funny.

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